

## **Life Teen Summer Camps Health and Safety Plan**

As of 2/11/2022

### **LIFE TEEN CAMPS HEALTH AND SAFETY**

Life Teen is committed to keeping the health and safety of our campers and staff a top priority. This document outlines the COVID-19 safety plans we will be implementing to prioritize the safety of all in attendance. These policies are subject to change based on state requirements in place at the actual time of camp. Further information and adjustments to policies will be communicated as new information becomes available. We are grateful for all that you are doing to bring teens to camp and to partner with us as we work to ensure the safety of all participating at Life Teen Summer Camps. We are excited to be able to gather with you again in person this summer!

### **PARTNERING WITH PARENTS PRIOR TO, DURING, AND AFTER CAMP**

We know you want the best for your teens, and we want them to experience a great week of camp. Keeping our camps healthy is a team effort and key to a great camp experience. We will partner with youth ministers and parents to accomplish the following:

#### **Prior to Arrival**

- Each camper commits to being free of illness including, but not limited to: fever, vomiting, diarrhea, cough, and congestion for at least 72 hours before arrival.
- Each camper confirms that no household or family members have displayed any of the following symptoms in the past week: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell.
- Each camper confirms that they can answer "no" to the following questions leading up to the day they come: 1) Have you been exposed to someone who has tested positive for COVID-19 in the past 5 days? 2) Are you currently experiencing COVID-19 symptoms? 3) Have you tested positive for COVID-19 in the past 5 days? 4) Have you been fever free without medication for 24 hours?
- Life Teen will not require negative test results from participants upon arrival, but Group Leaders are encouraged to collect negative results from all members of their group prior to traveling to camp.

## **During Camp**

- Masks will not be required. Each Group Leader may decide, at the parish level, if they would like to require their group to wear masks at camp.
- Anyone exhibiting symptoms of COVID-19 during camp will be taken to the infirmary and evaluated by camp medical personnel. This individual will be required to take a rapid COVID-19 test.
  - If the result is positive, the Group Leader and Camp Director will work together to determine who else within their parish was exposed. The Camp Director and Group Leader will then work together to handle the departure of positive and exposed individuals from camp. It will be the responsibility of the Group Leader to arrange transportation and departure of their group members from camp.
  - If the result is negative, camp medical personnel and the Camp Director will work with the individual and Group Leader to determine the best course of action.
- Every camper and staff are trained to keep their hands clean. Hand washing stations are located at the beginning of every food serving line as well as other central locations, and hand sanitizing stations are available at entrances to every meeting space, chapel, and otherwise located strategically throughout camp.
- Campers are instructed to avoid sharing personal items like water bottles or cups.
- Campers are instructed to communicate any signs of illness to staff.

## **After Camp**

- Group Leaders or parents, once home, will communicate any illness that may have been contracted at camp with the Camp Director.
- Camp Director will communicate with fellow Group Leaders from that week of camp, if necessary.

## **KEEPING IT CLEAN**

Life Teen Camps uses a multi-surface commercial grade peroxide disinfectant in accordance with CDC sterilization guidelines for COVID-19 as well as other viruses and bacteria.

## **Dorms and Cabins**

- Campers and adult chaperones provide all their own bedding and towels in dorms and cabins.

- Before guests arrive, camp staff sanitize each room and surface listed below as part of our routine procedures:
  - Door knobs and push bars
  - Light switches
  - Sink faucets
  - Shower faucets
  - Toilet handles
  - HVAC controls
  - Handrails
  - Any other common touch points
- Cleaning stations in each dorm/cabin are stocked and guests can sanitize their rooms daily during their stay.
- Throughout a guest's stay, camp staff sanitize daily all common spaces and public touch points in dorms (Camp Hidden Lake).
- At the end of each group's stay, camp staff deep clean each space used by guests to remove all dirt and grime. The space is then sanitized to ensure a welcoming, safe environment.

### **Leadership Team Housing**

We adhere to all of the above listed procedures as well as the below additions:

- In guest housing – where we provide linens and towels – sheets, pillowcases, and towels are laundered and sanitized in between guests.
- In addition, we have:
  - Extra blankets available that will be laundered if used.
  - Installed breathable and sanitizable covers on every pillow and mattress.

### **Meeting Spaces**

- Before guests arrive, camp staff disinfects each meeting room ensuring the listed touch points are sterile.
- Each day camp staff sanitizes:
  - Door knobs and push bars
  - Sink faucets
  - Toilet handles
  - Handrails
  - Light switches

- Any other common touch points
- Parishes will have assigned seating spaces in the main meeting space and chapel. Each parish will eat together inside the dining hall.
- At the end of each group's stay, camp staff cleans each space used by guests to ensure a clean and welcoming environment.

### **Dining Hall / Eating Areas**

Our dining halls follow ServSafe practices in all food prep and serving lines. In addition, the following practices are in use:

- Length of meal times and number of serving lines allow for spacing between groups coming through the serving lines.
- Gloves will be worn as required during food service operations and changed between tasks.
- All serving and cooking utensils are cleaned and sanitized with proper chemicals and appropriate temperatures in dish sanitizers.
- Staff will ensure that every person having a part in any food service operation is healthy before entering or working in the food service area.
- Every guest is required to wash or sanitize hands before entering the dining hall serving lines to eat.
- Reminders and instructions for proper hand washing techniques are posted in every restroom.
- Serving lines are sanitized before and after every meal is served.
- In addition to regular ServSafe sanitation practices, all touch points on water bottle refill stations, door handles, and any other common touch points after each meal will be sanitized.
- Any additional State mandates will be followed.

### **Ropes Course / Lake Area / Sports Materials**

- With each use, we will sanitize/disinfect helmets.
- Hand sanitizing stations are located throughout the ropes course. Individuals are asked to sanitize their hands before and after handling any equipment, harnesses, etc.
- Sanitizing solution and paper towels are kept near any shared equipment so equipment can be sanitized in between groups.

## **SAFETY**

Safety is a top priority at Life Teen camps. The wellbeing of all of our guests and staff is paramount. By planning ahead, we are able to respond to a variety of situations that could arise in a manner that brings peace and reassurance. We desire that everyone on property feels safe so that they are more disposed to enjoy their visit and receive all that the Lord has in store for them.

### **Medical Personnel**

We are dedicated to having medical personnel – either an EMT, Registered Nurse, or MD – present and available each week of summer camp to ensure guests' care and wellbeing.

- If an injury or need is beyond their training or requires specialized equipment (i.e. an X-Ray) we will communicate with parents about continuing care at an off-site medical center.
- In case of an emergency, if a parent is not immediately available by phone, camp staff along with the Group Leader will ensure necessary care and continue to attempt to reach parents.
- At the beginning of each week, the Camp Director and staff train the medical personnel on camp specific protocols and procedures.
- At all times, the medical personnel have secure access to medical information provided on each current guest's paperwork.
- Life Teen Camp First Aid Stations are fully equipped with all necessary first aid supplies and trauma kits.
- The medical personnel are equipped with a travel kit for field care. This includes first aid supplies, AED, and bleed control kits.
- Each camp has designated a space to quarantine any potentially ill guests so that they are comfortable and cared for and to protect the health of all other guests.

### **First Aid / Emergency Action Plans**

- All full-time staff members and missionaries are annually trained in CPR and First Aid with special emphasis on outdoor first aid situations.
- AEDs are located outside each camp office – which is centrally located.
- Life Teen Camps are equipped with thorough, and regularly updated, Emergency Action Plans highlighting required responses to emergencies.
- All teens and adults are trained on emergency procedures during Monday night camp orientation.