



## THREE DAY SCHEDULE\*

### DAY ONE

**9:00 AM** - Morning Mass followed by coffee and donuts.

- Consider including an ice-breaker game at this time, such as “Speed Friending.” Face chairs toward each other and spread those “pairs” around the room. Give each pair a time limit of 3-5 minutes to discuss a series of “get to know you questions” provided by the youth minister, then ring the bell to switch chairs and find another partner. Make sure everyone plays!

**10:30 AM** - Watch “The Mission Before You: Youth Ministry in and after COVID” and follow up with discussion.

**11:30 AM** - Break for an early lunch and social hour. Offer an optional time for Adoration and Confession (if priests are available).

**12:30 PM** - Watch “From Darkness to Light: An Interview with Sr. Josephine Garrett” and offer time for core members to discuss the following questions:

- What is one thing that struck you during this interview?
- If you had to gauge the state of teen’s mental health today, what would you say?
- How does this awareness change the way you approach ministry to teens?

**1:30 PM** - Watch “Out of the Box: Utilizing Life Teen Resources” and/or “Big and Small: Utilizing Edge Resources” and follow up with discussion/ activity. Consider splitting up core based on the teams they most frequently serve on or engaging all core in both videos and activities.

*Fit a short 10 minutes in here for stretch/restroom break*

**2:00 PM** - Split up core members and utilize this time as an opportunity to brainstorm topics/calendaring for the future. Specific questions/assignments are based upon the youth minister’s needs.

**3:00 PM** - Close in a final prayer of thanksgiving and empowerment based on the needs of your core team, encouraging them to be leaders who have a greater awareness of the Holy Spirit in their lives and go beyond their comfort zones to boldly share the Gospel.

### DAY TWO

**9:00 AM** - Morning Mass followed by coffee and donuts. Consider picking a Gather Game from one of your upcoming Life/Edge nights to play as a team.

**10:30 AM** - Watch “Made for this Moment: Relational Ministry in the ‘New’ Normal” and follow up with discussion/ activity.

*Fit a short 10 minutes in here for stretch/restroom break*

**11:00 AM** - Split up core members and utilize this time as an opportunity to brainstorm topics/calendaring for the future. Specific questions/assignments are based upon the youth minister's needs.

**12:00 PM** - Break for lunch and social hour. Offer an optional time for Adoration and Confession (if priests are available).

**1:00 PM** - Watch "Strengthening Your Core: Health in Mind, Body, and Spirit" and follow up with survey.

*Fit a short 10 minutes in here for stretch/restroom break*

**2:00 PM** - Watch "On the Same Page: Developing a Rhythm of Prayer with Your Core Team" and follow up with activity.

**3:00 PM** - Close in a final prayer of thanksgiving and empowerment based on the needs of your core team, encouraging them to be leaders who have a greater awareness of the Holy Spirit in their lives and go beyond their comfort zones to boldly share the Gospel.

## **DAY THREE**

**9:00 AM** - Morning Mass followed by coffee and donuts. Consider picking a Gather Game from one of your upcoming Life/Edge nights to play as a team.

**10:30 AM** - Watch "Count on Me: Five Commitments Every Core Member Needs to Make" and follow up with activity.

*Fit a short 10 minutes in here for stretch/restroom break*

**11:00 AM** - Watch "You Got This: An Interview with Fr. Mike Schmitz" and offer time for core members to discuss the following questions:

- What is the biggest challenge of being on core?
- What is the biggest blessing?
- What piece of advice would you give to someone new in ministry? What words of encouragement do you think you would need to hear?

**12:00 PM** - Close in a final prayer of thanksgiving and empowerment based on the needs of your core team, encouraging them to be leaders who have a greater awareness of the Holy Spirit in their lives and go beyond their comfort zones to boldly share the Gospel.

\*Consider placing a suggestion box somewhere in the main meeting space and encourage core to contribute if something strikes them during the day but isn't relevant to the topics at hand. Follow up by reviewing those suggestions at a later day with the team.