

LIFE TEEN CAMPS COVID-19 RESPONSE

LIFE TEEN CAMPS HEALTH AND SAFETY

Life Teen is committed to keeping the health and safety of our retreatants and staff as our top priority. In response to Covid 19, our Life Teen camp staffs have intensified our protocol for sanitation at our properties. We continue to monitor the situation and seek guidance from the CDC as well as the American Camping Association. In response, we have identified several commitments for the health and safety of every retreatant and staff members.

PARTNERING WITH PARENTS PRIOR TO, DURING, AND AFTER RETREAT

We know you want the best for your teens, and we want them to experience a great retreat. Keeping our camps healthy is a team effort and key to a great retreat. We will partner with youth ministers and parents to accomplish the following.

Prior to Arrival

- Each retreatant commits to being free of illness including, but not limited to: fever, vomiting, diarrhea, cough, and congestion for at least 72 hours before arrival.
- Confirm that no household or family members of retreatant have displayed any of the following symptoms in the past two weeks: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell.

During Retreat

- Every retreatant and staff are trained to keep their hands clean, and hand washing stations are located at the beginning of every food serving line as well as other central locations.
- Hand sanitizing stations are available at entrances to every meeting space, chapel and otherwise located strategically throughout camp
- Retreatants are taught to sneeze/cough into his/her sleeve.
- Retreatants are instructed to not share personal items like water bottles or cups.
- Retreatants are instructed to communicate any signs of illness to staff.
- If an illness occurs at camp, the following will occur:
 - Parents of ill retreatant and parents of all bunkmates will be notified if illness is contagious.
 - Ill retreatant will be moved to a separate cabin to be cared for while fellow campers are monitored and the cabin is sanitized. If necessary, retreatants will be sent home.
- Group size at camp will be limited to no more than 50 people. A larger group will be split to accommodate this guideline. Small groups of 25 or less will share sleeping cabins. Social distancing will be between groups.
- Retreatants and staff will be required to follow state guidelines regarding face coverings, social distancing guidelines and testing.

After Retreat

- Youth minister or parent will communicate any illness occurring within two weeks of retreatant returning home with the Camp Director.
- Camp Director will communicate with fellow groups from that retreat if necessary.

KEEPING IT CLEAN

Professional Grade Disinfectant

Life Teen Camps uses a multi-surface commercial grade peroxide disinfectant in accordance with CDC sterilization guidelines for COVID-19 as well as other viruses and bacteria.

Dorms and Cabins

- Retreatants and chaperones provide all their own bedding and towels in dorms and cabins.
- Before guests arrive, camp staffs use an electrostatic sprayer to sanitize each room and surface listed below as part of our routine procedures:
 - Door knobs and push bars
 - Mattresses and bed rails
 - Light switches
 - Sink faucets
 - Shower faucets
 - Toilet handles
 - HVAC controls
 - Handrails
 - Any other common touch points
- Cleaning stations in each dorm/cabin are stocked and guests can sanitize their rooms daily during their stay.
- Throughout a guest's stay, camp staffs sanitize all common spaces and public touch points in cabins and dorms, daily.
- At the end of each group's stay, camp staffs deep clean each space used by guests to remove all dirt and grime. The space is then sanitized to ensure a welcoming safe environment.

Adult Guest Housing

All above listed procedures will be followed as well as the below additions.

- In guest housing, where we provide linens and towels, all linens are sanitized between guests by laundering them.
- In addition, we have:
 - Removed decorative pillows and blankets from beds.
 - Made extra blankets available that will be laundered if used.
 - Supplemented all non-launderable comforters with washable duvet covers.
 - Installed breathable and sanitizable covers on every pillow and mattress.

Meeting Spaces

- Before guests arrive, camp staffs use an electrostatic sprayer to disinfect the entire meeting room ensuring every surface and touch point is sterile.
- Each day camp staff sanitizes:
 - Door knobs and push bars
 - Sink faucets
 - Toilet handles
 - Handrails
 - Light switches
 - Any other common touch points
- State and Federal Guidelines for Social Distancing are followed
- At the end of each group's stay, camp staff clean each space used by guests to ensure a clean and welcoming environment.

Dining Hall / Eating Areas

Our dining halls follow ServSafe practices in all food prep and serving lines. In addition, the following practices are in use:

- Provide guests with disposable plates, bowls, napkins, plasticware, coffee cups, and cups during meal times.
- Ensure that gloves will be worn during all food service operations and changed between tasks.
- Ensure that masks will be worn during all food service operations.
- All serving and cooking utensils are cleaned and sanitized with proper chemicals in dish sanitizers.
- Every person having a part in any food service operation is without symptoms of any illness before entering or working in the food service area.
- Every person having a part in any food service operation will have temperature taken before beginning work each day.
- Every guest is required to use the available hand washing stations installed before entering the dining hall serving lines to eat.
- Reminders and instructions for proper hand washing techniques are posted in every restroom.
- Serving lines are sanitized before and after every meal is served.
- Salad and yogurt bar will not be offered, during this time, as "self serve". Instead our staffs serve all meal options.
- In addition to regular ServSafe sanitation practices, sanitization will occur on all touch points at water bottle refill stations, door handles, and any other common touch points after each meal. Water fountains will be turned off.
- Any additional State mandates will be followed.

Ropes Course / Lake Area / Sports Materials

- With each use we are sanitizing/disinfecting:
 - Helmets
 - Harnesses
 - Paddles
 - Life Jackets
- At the end of the day we are sanitizing/disinfecting:
 - Ropes Elements
 - Hardware and Equipment
 - Boats

SAFETY

Safety is a top priority at Life Teen camps. The well being of all of our guests and staff is paramount. By planning ahead, we are able to respond to a variety of situations that could arise in a manner that brings peace and reassurance. We desire that everyone on property feels safe so that they are more disposed to enjoy their visit and receive all that the Lord has in store for them.

First Aid / Emergency Action Plans

- All full-time staff members and missionaries are annually trained in CPR and First Aid with special emphasis on outdoor first aid situations.
- AEDs are located outside each camp office which is a centrally located
- Life Teen Camps are equipped with thorough and regularly updated Emergency Action Plans highlighting required responses to emergencies.
- All full-time staff and missionaries participate in Emergency Action Plan drills and training.
- All teens and adults are trained on emergency procedures on night of arrival.