

2021 Life Teen Summer Camps COVID-19 Safety Plans

As of 4/26/2021

LIFE TEEN CAMPS HEALTH AND SAFETY

Life Teen is committed to keeping the health and safety of our campers and staff a top priority. This document outlines the COVID-19 policies we will be implementing to prioritize the safety of all in attendance. These policies are subject to change based on the pandemic's trajectory, the efficacy of the vaccine, and state requirements in place at the actual time of camp. Further information and adjustments to policies will be communicated as new information becomes available. We are grateful for your patience, flexibility, and compliance as we work to ensure all safety protocols are being met at Life Teen Summer Camps. We are so excited to be able to gather with you again in person this summer!

PARTNERING WITH PARENTS PRIOR TO, DURING, AND AFTER CAMP

We know you want the best for your teens, and we want them to experience a great week of camp. Keeping our camps healthy is a team effort and key to a great camp experience. We will partner with youth ministers and parents to accomplish the following.

Prior to Arrival

- Each camper commits to being free of illness including, but not limited to: fever, vomiting, diarrhea, cough, and congestion for at least 72 hours before arrival.
- Confirm that no household or family members of camper have displayed any of the following symptoms in the past two weeks: fever, cough, shortness of breath or difficulty breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell.
- Confirm that each camper can answer "no" to the following three questions leading up to the day they come: 1) Have you been exposed to someone who has tested positive for COVID-19 in the past 14 days. 2) Are you experiencing COVID-19 symptoms? 3) Have you tested positive for COVID-19 in the past 14 days?
- Life Teen will not require negative test results from participants upon arrival, but Group Leaders are encouraged to collect negative results from all members of their group prior to traveling to camp.

Upon Arrival

- Each camper has his/her temperature taken with an infrared thermometer. If a camper is found to have an elevated temperature, medical personnel guide them to our infirmary for further evaluation. The rest of the group will also be evaluated further before joining in camp activities.

During Camp

- We're excited to welcome as many people as you are able to bring to camp! For groups that register more than 28 people, the Group Leader will divide their group into pods totaling no more than 28 people each.
 - Groups are encouraged to maintain these pods for transportation and housing. If intermingling of pods has occurred during transportation and/or housing and an individual tests positive, the entire group will be required to depart camp.
 - These pods (of 28 people or less) will be socially distanced from other pods throughout camp. Participants within each pod will not be socially distanced from each other.
 - Pods will not be assigned to share rooms with other pods.
- This policy regarding pod size has been created with the hope of keeping as many campers at camp as possible, so that if one pod of campers had to leave early the other pods would not. Realistically we know that for some groups that might mean the entire group goes home at the same time regardless. If this is the position you find yourself in you may remain one parish pod for the entire week.
 - For groups traveling together on one bus - If you split up in to smaller pods and someone were to test positive it would depend on when they started showing symptoms as to which pods would be required to go home. We go back 48 hours before symptoms began as the starting point for quarantine/exposure. If someone in a pod tested positive and started showing symptoms on Thursday it would only be the pod they've been in that would need to go home; if symptoms began Tuesday, since 48 hours prior would put them on the bus with everyone, then it would be the entire group that needed to be sent home.
- Masks will be worn inside all public areas of buildings, except when actively eating or drinking.
- Anyone exhibiting symptoms of COVID-19 during camp will be taken to the designated quarantine space in the infirmary and evaluated by camp medical personnel. This individual will be required to have a rapid COVID-19 test taken.

- If the result is positive, that individual along with the other members of their pod will be required to depart camp. It will be the responsibility of the Group Leader to arrange transportation and departure of their pod/group from camp.
- If the result is negative, camp medical personnel and the Camp Director will work with the individual and Group Leader to determine the best course of action.
- Every camper and staff are trained to keep their hands clean, and hand washing stations are located at the beginning of every food serving line as well as other central locations.
- Hand sanitizing stations are available at entrances to every meeting space, chapel and otherwise located strategically throughout camp
- Campers are instructed to not share personal items like water bottles or cups.
- Campers are instructed to communicate any signs of illness to staff.

After Camp

- Youth minister or parent will communicate any illness occurring within two weeks of camper returning home with the Camp Director.
- Camp Director will communicate with fellow youth ministers from that week of camp if necessary.

KEEPING IT CLEAN

Life Teen Camps uses a multi-surface commercial grade peroxide disinfectant in accordance with CDC sterilization guidelines for COVID-19 as well as other viruses and bacteria.

Dorms and Cabins

- Campers and adult chaperones provide all their own bedding and towels in dorms and cabins.
- Before guests arrive, camp staff sanitize each room and surface listed below as part of our routine procedures.
- Door knobs and push bars
- Light switches
- Sink faucets
- Shower faucets
- Toilet handles
- HVAC controls
- Handrails

- Any other common touch points
- Cleaning stations in each dorm/cabin are stocked and guests can sanitize their rooms daily during their stay.
- Throughout a guest's stay, camp staff daily sanitize all common spaces and public touch points in cabins and dorms.
- At the end of each group's stay, camp staff deep clean each space used by guests to remove all dirt and grime. The space is then sanitized to ensure a welcoming, safe environment.

Adult Guest Housing

We do all of the above listed procedures as well as the below additions.

- In guest housing, where we provide linens and towels, sheets, pillowcases and towels are sanitized between guests by laundering them.
- In addition, we have:
 - Removed decorative pillows and blankets from beds.
 - Made extra blankets available that will be laundered if used.
 - Installed breathable and sanitizable covers on every pillow and mattress.

Meeting Spaces

- Before guests arrive, camp staff disinfect each meeting room ensuring the listed touch points are sterile.
- Each day camp staff sanitizes:
 - Door knobs and push bars
 - Sink faucets
 - Toilet handles
 - Handrails
 - Light switches
 - Any other common touch points
- State Guidelines for Social Distancing are followed
- At the end of each group's stay, camp staff clean each space used by guests to ensure a clean and welcoming environment.

Dining Hall / Eating Areas

Our dining halls follow ServSafe practices in all food prep and serving lines. In addition, the following practices are in use:

- Meal times will be set to allow spacing between groups coming through the serving line.

- Ensure that gloves will be worn as required during food service operations and changed between tasks.
- Ensure that masks will be worn while interacting with guests..
- All serving and cooking utensils are cleaned and sanitized with proper chemicals and appropriate temperatures in dish sanitizers.
- Ensure that every person having a part in any food service operation is without symptoms of any illness before entering or working in the food service area.
- Every person having a part in any food service operation will have temperature taken before beginning each shift.
- Every guest is required to wash or sanitize hands before entering the dining hall serving lines to eat.
- Reminders and instructions for proper hand washing techniques are posted in every restroom.
- Serving lines are sanitized before and after every meal is served.
- During this time, we are not offering our salad and yogurt bar as “self serve”. Instead our staff serve all meal options.
- In addition to regular ServSafe sanitation practices, we are sanitizing all touch points on water bottle refill stations, door handles and any other common touch points after each meal.
- Any additional State mandates will be followed

Ropes Course / Lake Area / Sports Materials

- With each use we are sanitizing/disinfecting helmets
- We have hand sanitizing stations placed throughout ropes. Individuals are asked to sanitize their hands before and after handling any equipment, harnesses, etc.
- We keep sanitizing solution and paper towels near any shared equipment so it can be sanitized between groups.

SAFETY

Safety is a top priority at Life Teen camps. The wellbeing of all of our guests and staff is paramount. By planning ahead, we are able to respond to a variety of situations that could arise in a manner that brings peace and reassurance. We desire that everyone on property feels safe so that they are more disposed to enjoy their visit and receive all that the Lord has in store for them.

Medical Personnel

We are dedicated to having medical personnel, either an EMT, Registered Nurse, or MD, present and available each week of summer camp to ensure guests' care and wellbeing.

- If an injury or need is beyond their training or requires specialized equipment (i.e. an X-Ray) we will communicate with parents about continuing care at an off-site medical center.
- In case of an emergency, if a parent is not immediately available by phone, camp staff along with the Group Leader will ensure necessary care and continue to attempt to reach parents.
- At the beginning of each week, the Camp Director and staff train the medical personnel on camp specific protocols and procedures.
- At all times, the medical personnel have secure access to medical information provided on each current guest's paperwork.
- Life Teen Camp First Aid Stations are fully equipped with all necessary first aid supplies and trauma kits.
- The medical personnel are equipped with a travel kit for field care. This includes first aid supplies, AED, and bleed control kits.
- Each camp has designated a space to quarantine any potentially ill guests so that they are comfortable and cared for and to protect the health of all other guests.

First Aid / Emergency Action Plans

- All full-time staff members and missionaries are annually trained in CPR And First Aid with special emphasis on outdoor first aid situations.
- AEDs are located outside each camp office, which is centrally located.
- Life Teen Camps are equipped with thorough and regularly updated Emergency Action Plans highlighting required responses to emergencies.
- All teens and adults are trained on emergency procedures during Monday night camp orientation.